

Hey parents! Here's a look at what we're covering with your kids so you can help them continue to grow at home during the week.

### **BIG IDEA**

*Jesus Trusted God*

### **THE BIBLE**

*The Garden of Gethsemane: Matthew 26:36-46*

### **QUESTIONS**

- With whom was Jesus in the Garden of Gethsemane?
- What was Jesus praying for?
- How did Jesus show trust in God?
- Read Psalm 28:7a. What does this verse say about God?
- What are some things you know God wants you to do, but is difficult to do?
- How can you show you trust God in those kinds of situations?
- What are ways God can give you strength?



### **ACTIVITY**

*Encourage kids to write down their worries or concerns on either colourful balls or pieces of paper that they can then scrunch up in a ball. Have fun seeing how far kids can throw their worry balls into a bucket. Maybe even yell 'giving it to God' as you let go of your worries and given them to God.*

The word Gethsemane means **גתשמנה** (Gaṭ-Šmānê), which means 'press of oils' Watch this interesting clip about an [olive press](#) Olives have very special meanings throughout the Bible, especially the way they need to be crushed and pressed so something good can come out of them. This reminds us of what Jesus had to go through. If you think about it, the fact that Jesus was praying in a place surrounded by olives cannot be coincidence! It shows us God really had a plan for Jesus, and Jesus trusted God with that plan.

**What do you think God's goal was when Jesus was being "pressed" in the Garden of Gethsemane?**

*Ask kids to write down a few ways God is "pressing" them or challenging them to do something for God. You could prompt them with examples such as, spending less time playing games and more time reading the Bible, being kind to someone who isn't kind back, working harder on schoolwork, practicing an instrument or sport, etc.*

**No matter what the challenges, let's do our best and let God handle everything else. Remember, we can always trust God just like Jesus trusted God!**

**MEMORY VERSE OF THE MONTH: Hebrews 12:2 (NIV)**

***"Let us fix our eyes on Jesus, the pioneer and perfecter of our faith"***